

# Your guide to foster care





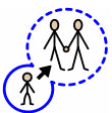

**Note to the person supporting the child to access this guide:**

We understand that every child's ability is different, and therefore have a full suite of guides to suit most ages and abilities. If you have a child with communication challenges and you cannot see a guide that fits their needs, please contact your local manager and they will arrange specialist communications to help.

**Please note:** there is also a video version of this guide available [here](#) 



Five Rivers Child Care Limited, 47 Bedwin Street, Salisbury, Wiltshire SP1 3UT  
01722 435750 | [five-rivers.org](http://five-rivers.org)

**Your guide to foster care**








Foster Carers are people who look after children. Sometimes there









may be other children and pets living in the foster family.



**Foster Carers**










Foster Carers are there to help you and make sure you



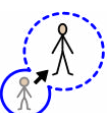
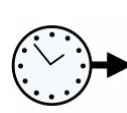



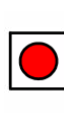
















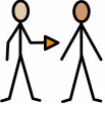

have what you need to be safe, healthy and happy. Your






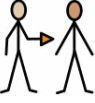
Foster Carer will help you to settle in and feel part of

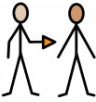
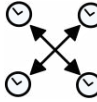

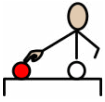






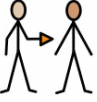


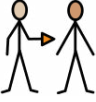

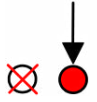



the family.

      
**People who can help you**

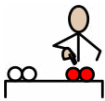


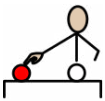

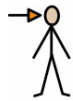

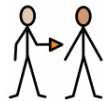
        
Advocates, Independent Reviewing Officers, Court Guardians and Teachers

       
are all people who can help you.


         
If you ever feel that the people who are there to help

          
you aren't listening to you, there are other people you can speak to:

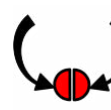
  
**Ofsted**

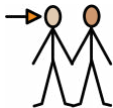


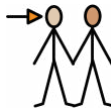



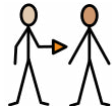
         
These people check that the people who look after you are

        
doing their job. They can help you.

  
Phone: 0300 123 1231

# The Children's Commissioner

 These  people  make  sure  children's voices  are heard  and  that

 they  are looked after  well.  They  can  also  help  you.



Phone: 0800 528 0731