

1 ACE

Another Chance Education

A school without walls

What is 1 ACE?

Overview

1 ACE is an education provision in the community: a school without walls. It offers an education which challenges children to learn in all directions, and supports them every step of the way.

1 ACE works with children and young people who have had limited success in formal education settings, or who have struggled in specialised settings; it is a proven alternative.

1 ACE offers:

- A trauma-informed curriculum for children and young people presenting with highly complex needs.
- A research-based approach, grounded in evidence.
- A therapeutic educational framework that provides emotional growth, academic success and holistic child development.
- A completely bespoke education. The curriculum is created around the child. The service is what the child needs it to be: inclusive and community focussed.
- A truly local offer with a national presence.

A flexible and responsive approach

The strength of our service lies in its flexibility and responsiveness. We take referrals for Placements and Alternative Provision from Local Authorities and referrals for Alternative Provision from schools. We recognise the balance between creating safety and security whilst avoiding over dependency. Our staff are skilled in building supportive relationships, helping young people move forward on the right path towards independence.

We liaise closely with Local Authorities and partner schools to ensure that staffing levels reflect this.

1 ACE Online School

1 ACE Online school is a nationwide online education provider.

It is an Ofsted accredited Online provider.

It offers a flexible and bespoke education for all learners. Inspiring progress and confidence using an online platform. 1 ACE Online School works with children, their families, carers and health and education professionals, to ensure they achieve the best possible learning experience and outcomes.

- 1 ACE Online School can be a standalone provision or a component of a 1 ACE programme
- 1 ACE Online School allows us the opportunity to provide step up and step down services.

The online school offers a limited number of on-roll places for young people who are accessing education solely through an online learning programme.

- Lessons are delivered live by qualified teachers in a fully safeguarded online environment.



Our offer

A holistic approach

Working with children and young people aged 8-25, our experienced, specialist teachers and support workers develop the whole child. Our holistic approach boosts confidence, self-esteem and helps young people to develop the skills to be a successful learner. Academic testing helps us target work that fills in the gaps so that young people can make successful transitions back to school, or on to college placements or apprenticeships.

Trauma-informed curriculum

Our trauma-informed curriculum is deployed to create a bespoke programme designed to fit the young person. The programme is flexible and responsive so that it can change and grow as the young person changes and develops.

Each child can access both academic subjects (English, Maths, Science, ICT, Humanities, PSHE, PE, Relationship Education) and kinaesthetic learning and practical activities such as horticulture, photography, trampolining and gymnastics, media, music skills, mechanics, art, carpentry, welding, as well as therapeutic input such as equine therapy and forest skills.

Accreditations and qualifications

Young people are able to accredit their achievements through AQA Unit Awards, ASDAN Awards, Functional Skills level 1 - 2, Entry Level Examinations, Arts awards at Bronze Silver and Gold and other qualifications including BTEC and GCSE. A system of Online Learning is in place and can be accessed independently or with staff support.

"Our trauma-informed curriculum is deployed to create a bespoke programme designed to fit the young person; the programme is flexible and responsive"

Example timetable

(All timetables are personalised, this demonstrates a range of opportunities)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Group or individual work with local partner: life skills, budgeting, work experience, PHSE	Core education at education base: all core subjects, + Art, Cookery, Photography	Horse riding/ equine therapy	Core education at education base: all core subjects, + Art, Cookery, Photography	DJ and music skills
SUPERVISED LUNCH 12.30pm – 1.00pm					
Afternoon	Group or individual work with local partner: life skills, budgeting, work experience, PHSE	Physical Education, outdoor and adventurous activities, trampolining, personal trainer, swimming, bike skills	Farm/outside activities, animal care	Vocational at local partner: welding, carpentry, bricklaying, textiles. Asdan/ AQA awards	Forest School
CHECK OUT					

The 1 ACE difference

Relationships

Many of our children have had turbulent life experiences thus far, both at home and in education. We understand that when the environment and teacher student relationship becomes predictable, it calms and helps supports the child. Achieving self-esteem is the first step towards making progress in learning.

Our therapeutic approach is based on building trust and relationships - the vital foundations for learning. Our teams provide warm and consistent environments where pupils develop positive behaviour, using effective techniques supported by our clinical team.

Our most valuable resource is our people

Each child has a team of highly trained and skilled professionals, regularly supervised by our Therapy team, who create a network around the child. The young people work in community settings with two or more staff (depending on their needs). Their educational programme varies according to the aims of the work discussed with the commissioning caseworker. We create bespoke programmes, using the skills of both Five Rivers' trained staff and approved specialist partner providers.

A truly local offer, with a national presence

Education is delivered locally for the young person, supporting the child by:

- Reducing the need to travel long distances.
- Enabling them to maintain and develop family links and existing social links in their community.
- Supporting placement stability for CLA.
- Reducing out of county placements.

"Each child has a team of highly trained and skilled professionals, regularly supervised by our Therapy team, who create a network around the child."





Lynsey

Case study

Taken into care aged 11, Lynsey had just returned to living with her parents when she started with 1 ACE. Diagnosed with ADHD, high anxiety, low self-esteem and displaying risk taking and challenging behaviours, Lynsey could see no point in education.

At risk of drug and alcohol abuse, Lynsey's anxieties about school would manifest in violent outbursts, absconding and risky behaviours. Lynsey had been out of school for the last year following violent behaviour in the classroom at a pupil referral unit.

Lynsey began her bespoke 1 ACE curriculum in an education base personalised to her needs and interests, with her team of teacher and HLTA. Working in a yurt on a farm tailored to her interest in animals, Lynsey began to engage in the vocational opportunities of horse and animal care and learning to ride. Therapeutic strategies were put in place by Lynsey's teaching team, supported by the Five Rivers therapy team, to reduce anxiety and increase her access to education.

Lynsey worked with partner provisions to support her social, emotional and mental health needs. She learnt to recognise and manage emotions that could be overwhelming. Her curriculum included practical life skills, such as budgeting and healthy eating. Her artwork, which became an outlet for emotions she could not vocalise, was submitted for the World Art Games. It won in its category and was sent around the world.

Lynsey's chosen physical education was a personal trainer in the gym and trampolining. The skills and awards gained in learning trampolining eventually led Lynsey to complete supported work experience within the facility, peer educating others in her skills.

"Lynsey progressed academically from below entry level to a level 2 in English and Maths"

Lynsey decided after a year with 1 ACE that she wanted to complete formal qualifications. In her last two years, 1 ACE identified the right exam board and qualification style for her. Lynsey progressed academically from below entry level to a level 2 in English and Maths. Her social, emotional and mental health progressed so that she could find strategies herself to manage her anxieties. With each step through her 1 ACE journey, Lynsey built the resilience and skills not only to access education but also skills for later life.

Lynsey is currently accessing and attending every day on a Level 3 Public Services course at a local college.

Where we are



Key: Clinical Services Education Fostering Residential

Our services

Our education provision is fully integrated with other services



Education

Five Rivers Child Care schools provide a therapeutic educational framework that promotes emotional growth alongside academic success and so encourages holistic child development. Our education provision is fully integrated with our other services.



Clinical Services

We formulate our individually tailored education plans with input from our team of clinicians. They support the children experiencing therapeutic intervention and prepare them for any transitions in their care.



Residential

Children in residential care have access to onsite registered schools or receive tailored one to one support through our outreach service 1 ACE.



Fostering

Children in our care have access to our tailored one to one educational support through our outreach service 1 ACE..



For more information about our services please visit

five-rivers.org

To discuss how Five Rivers 1 ACE can help you or to make a referral please contact:

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five  rivers

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